A Researcher's Journey

Situating the Research and the Researcher

- Getting in touch with what you value, know and believe, then questioning if it still valid.
- Balancing the Practice and the Research Components and Navigating the Interdisciplinary Boundaries.

Engaging in Practice Based Research

- Making Sense Of The Data, Literature and Practice: Connecting to values, context and audience.
- Finding Meaning:
  - TOOLS BOX: Learning History, Storytelling, Drawing and Mapping.
  - TOOLS BOX: Eight Key Themes.

Finding Meaning

- TOOLS BOX: The 'four reflective spaces'.
- TOOLS BOX: Writing, Drawing, Journaling, Interviews, Workshops.
- TOOLS BOX: Recognizing the value of each case and my four reflective spaces to the 8 insights and my four reflective spaces to the 8 insights.

Seeing the Whole and its parts through Drawing and Storytelling

- OUTCOME: A theoretical model for Embedding Systemic Conversations.
  - Enabling Systemic Conversations: Making Sense
  - Synthesis of Data and Design Work
  - Seeing the Whole and its parts through Drawing and Storytelling
  - TOOLS BOX: Talking Into Emotions to release memories, thoughts and insights for Oct GRC
  - TOOLS BOX: Writing Articles on Loupe Project for GRC
  - TOOLS BOX: Making the connection between the 8 insights and my four reflective spaces to the 8 insights.

- OUTCOME: A new way of parking data and imaging conditions.
- OUTCOME: The Transformed Boundaries - Defining your contribution to the field.